8:00 AM

8:00 AM

9:00 AM

12:00 AM

8:00 AM

8:00 AM

8:20 AM

9:00 AM

10:15 AM

12:00 AM

12:00 AM

7:30 AM

8:15 AM

8:55 AM

9:00 AM

10:00 AM

10:00 AM

9:00 AM

8:00 AM

9:00 AM

12:30 PM

9:00 AM

9:00 AM

12:00 AM

3:00 PM

3:30 PM

3:30 PM

5:00 PM

8:00 AM

9:30 AM

7:00 AM

11:30 AM

12:10 PM

Saturday, January 05, 2019

Sunday, January 20, 2019

Sunday, February 03, 2019

Monday, February 11, 2019

Saturday, February 23, 2019

Sunday, March 03, 2019

Sunday, March 03, 2019

Sunday, March 03, 2019

Sunday, March 03, 2019

Thursday, March 14, 2019

Thursday, March 14, 2019

Sunday, March 17, 2019

Sunday, March 17, 2019

Sunday, March 17, 2019

Saturday, April 06, 2019

Saturday, April 06, 2019

Saturday, April 06, 2019

Sunday, April 07, 2019

Sunday, April 14, 2019

Sunday, April 14, 2019

Sunday, April 14, 2019

Saturday, April 20, 2019

Sunday, April 28, 2019 Wednesday, May 01, 2019

Saturday, May 04, 2019

Saturday, May 04, 2019

Saturday, May 04, 2019

Saturday, May 04, 2019

Sunday, May 12, 2019

Sunday, May 12, 2019

Saturday, May 18, 2019

Saturday, May 18, 2019

Saturday, May 18, 2019

Race Date	Race Time	Race Name	Location	
Tuesday, January 01, 2019	12:00 AM	NYRR Virtual Resolution Run 5K	Anywhere	
Tuesday, January 01, 2019	12:00 AM	NYRR Virtual Resolution Run 5K	Anywhere	

NYRR Joe Kleinerman 10K

NYRR Fred Lebow Half-Marathon

NYRR Virtual Valentine's Duo 5K

Rising New York Road Runners at the Washington Heights Salsa, Blues, and

Rising New York Road Runners at the Washington Heights Salsa, Blues, and Shamrocks 5K Stage 2

NYRR Washington Heights Salsa, Blues,

Rising New York Road Runners at the

Washington Heights Salsa, Blues, and

Rising New York Road Runners at the

Rising New York Road Runners at the United Airlines NYC Half - Stage 2

Rising New York Road Runners at Van Cortlandt Park - Stage 3

Rising New York Road Runners at Van

Rising New York Road Runners at Van

Boomer's Cystic Fibrosis Run to Breathe 4M Brought to You by UnitedHealthcare

Rising New York Road Runners Jamboree

Rising New York Road Runners Jamboree presented by TCS- Stage 2

Health Walk at Run as One Presented by

Rising New York Road Runners at the NYRR Newport Fiesta 5K- Stage 1

Rising New York Road Runners at the

Rising New York Road Runners at the NYRR Newport Fiesta 5K- Stage 3

Rising New York Road Runners at the Japan Run 4M- Stage 1

Rising New York Road Runners at the

Rising New York Road Runners at the

Popular Brooklyn Half- Stage 3

Popular Brooklyn Half- Stage 2

NYRR Newport Fiesta 5K- Stage 2

SHAPE Women's Half Marathon

presented by TCS- Stage 1

JPMorgan Chase

UAE Healthy Kidney 10K

NYRR Virtual Dog Jog 5K

NYRR Newport Fiesta 5K

Popular Brooklyn Half

Japan Run 4M

Cortlandt Park - Stage 2

Cortlandt Park - Stage 1

United Airlines NYC Half - Stage 3

NYRR Al Gordon Brooklyn 4M

Shamrocks 5K Stage 3

and Shamrocks 5K

Shamrocks 5K Stage 1

NYRR NYC Half - Virtual 13.1M

NYRR NYC Half - Virtual 5K

2019 United Airlines NYC Half

NYRR Gridiron 4M/Longest Football Throw

Central Park

Central Park

Central Park

Prospect Park

Anywhere

Manhattan

Manhattan

Manhattan

Manhattan

Anywhere

Anywhere

Manhattan

Manhattan

Van Cortlandt Park

Van Cortlandt Park

Van Cortlandt Park

Central Park

Central Park

Icahn Stadium

Icahn Stadium

Central Park

Central Park

Anvwhere

Jersey City

Jersey City

Jersey City

Jersey City

Central Park

Central Park

Brooklyn

Brooklyn

Brooklyn

New York City

Saturday, June 01, 2019	12:00 AM	NYRR Virtual Global Running Day 1M	Anywhere
Sunday, June 02, 2019	8:00 AM	Italy Run by Nutella Cafe 5M	Central Park
Sunday, June 02, 2019	9:15 AM	Rising New York Road Runners at the Italy Run by Nutella Cafe- Stage 1	Central Park
Wednesday, June 05, 2019	7:00 AM	NYRR 1 for You 1 for Youth 5K	Central Park
Saturday, June 08, 2019	7:15 AM	Rising New York Road Runners at the NYRR New York Mini 10K - Stage 2	Central Park
Saturday, June 08, 2019	7:15 AM	Rising New York Road Runners at the NYRR New York Mini 10K- Stage 3	Central Park
Saturday, June 08, 2019	8:00 AM	NYRR New York Mini 10K	Manhattan
Tuesday, June 11, 2019	7:00 PM	NYRR Tuesday Night Speed Series #1	Icahn Stadium
Saturday, June 15, 2019	7:45 AM	NYRR Queens 10K	Queens
Saturday, June 15, 2019	9:30 AM	Rising New York Road Runners at the NYRR Queens 10K- Stage 1	Queens
Thursday, June 20, 2019	6:30 PM	Move NYC 5K - Invitation Only	Brooklyn
Saturday, June 22, 2019	12:00 AM	NYRR Virtual Pride Run 5K	Anywhere
Sunday, June 23, 2019	8:30 AM	Achilles Hope & Possibility 4M by TD Bank	Central Park
Sunday, June 23, 2019	9:00 AM	Achilles Hope & Possibility 1 Mile Walk by TD Bank	Central Park
Sunday, June 23, 2019	10:00 AM	Kids' Races at Achilles Hope & Possibility 4M with Rising New York Road Runners- Stage 1	Central Park
Tuesday, June 25, 2019	7:00 PM	NYRR Tuesday Night Speed Series #2	Icahn Stadium
Saturday, June 29, 2019	8:30 AM	Front Runners New York LGBT Pride Run 5M	Central Park
Tuesday, July 09, 2019	7:00 PM	NYRR Tuesday Night Speed Series #3	Icahn Stadium
Saturday, July 13, 2019	8:00 AM	NYRR Retro 4-Miler	Central Park
Monday, July 15, 2019	6:45 PM	NYRR Brooklyn R-U-N 5K	Prospect Park
Saturday, July 20, 2019	7:00 AM	TCS New York City Marathon Training Series 10M	Central Park
Tuesday, July 23, 2019	7:00 PM	NYRR Tuesday Night Speed Series #4	Icahn Stadium
Saturday, July 27, 2019	7:00 AM	NYRR Team Championships Women @7:00 AM, Men @8:15 AM	Central Park
Sunday, August 04, 2019	8:00 AM	NYRR Manhattan 7 Mile	Central Park
Sunday, August 11, 2019	7:00 AM	TCS New York City Marathon Training Series 12M	Central Park
Friday, August 16, 2019	12:00 AM	NYRR Virtual World Championship 5K	Anywhere
Sunday, August 18, 2019	7:30 AM	NYRR Summer Community Run - Runner Heat	Central Park
Sunday, August 18, 2019	7:45 AM	NYRR Summer Community Run - Stroller Heat	Central Park
Sunday, August 18, 2019	8:00 AM	NYRR Summer Community Run - Walker Heat	Central Park
Saturday, August 24, 2019	8:30 AM	Percy Sutton Harlem 5K	Manhattan
Saturday, August 24, 2019	9:00 AM	Percy Sutton Harlem Walk	Manhattan
Saturday, August 24, 2019	10:15 AM	Rising New York Road Runners at the Percy Sutton Harlem 5K- Stage 1	Manhattan
Sunday, August 25, 2019	9:00 AM	NYRR Henry Isola Cross Country 4M	Van Cortlandt Park
Saturday, September 07, 2019	12:00 AM	NYRR Virtual Halfway There 13.1M	Anywhere
Sunday, September 08, 2019	7:25 AM	New Balance 5th Avenue Mile	Manhattan

Rising New York Road Runners at the New Balance 5th Avenue Mile - Stage 1

Rising New York Road Runners at the New Balance 5th Avenue Mile-Stages 2 & 3

Manhattan

Manhattan

Sunday, September 08, 2019

Sunday, September 08, 2019

11:25 AM

12:50 PM

	Ka	ice index	
Sunday, September 15, 2019	7:00 AM	TCS New York City Marathon Training Series 18M	Central Park
Sunday, September 15, 2019	9:00 AM	NYRR Kurt Steiner Cross Country 5K	Van Cortlandt Park
Sunday, September 15, 2019	10:00 AM	Rising New York Road Runners at Kurt Steiner Cross Country- Stage 3	Van Cortlandt Park
Sunday, September 15, 2019	10:30 AM	Rising New York Road Runners at Kurt Steiner Cross Country- Stage 2	Van Cortlandt Park
Sunday, September 15, 2019	10:30 AM	Rising New York Road Runners at Kurt Steiner Cross Country- Stage 1	Van Cortlandt Park
Sunday, September 29, 2019	8:00 AM	New Balance Bronx 10 Mile	The Bronx
Sunday, September 29, 2019	8:30 AM	Rising New York Road Runners at the New Balance Bronx 10M- Stage 1	Macombs Dam Park
Sunday, September 29, 2019	8:30 AM	Rising New York Road Runners at the New Balance Bronx 10M- Stage 2	Macombs Dam Park
Saturday, October 05, 2019	8:00 AM	NYRR Grete's Great Gallop 10K	Central Park
Sunday, October 06, 2019	9:00 AM	NYRR Harry Murphy Cross Country 5K	Van Cortlandt Park
Sunday, October 06, 2019	10:00 AM	Rising New York Road Runners at Harry Murphy Cross Country- Stage 3	Van Cortlandt Park
Sunday, October 06, 2019	10:30 AM	Rising New York Road Runners at Harry Murphy Cross Country- Stage 2	Van Cortlandt Park
Sunday, October 06, 2019	10:30 AM	Rising New York Road Runners at Harry Murphy Cross Country- Stage 1	Van Cortlandt Park
Sunday, October 13, 2019	8:00 AM	NYRR Staten Island Half	Staten Island
Saturday, October 19, 2019	9:00 AM	Rising New York Road Runners Jamboree presented by TCS – Stage 1	Armory Track
Saturday, October 19, 2019	11:00 AM	Rising New York Road Runners Jamboree presented by TCS – Stage 2	Armory Track
Sunday, October 27, 2019	8:30 AM	Poland Spring Marathon Kickoff 5M	Central Park
Thursday, October 31, 2019	12:00 AM	TCS New York City Marathon - Virtual 26.2M 2020 Entry	Worldwide
Thursday, October 31, 2019	12:00 AM	TCS New York City Marathon - Virtual 5K	Anywhere
Thursday, October 31, 2019	12:00 AM	TCS New York City Marathon - Virtual 26.2M	Worldwide
Saturday, November 02, 2019	8:45 AM	Abbott Dash to the Finish Line 5K	Manhattan
Sunday, November 03, 2019	8:00 AM	2019 TCS New York City Marathon	New York City
Sunday, November 17, 2019	8:00 AM	NYRR NYC 60K	Central Park
Sunday, November 17, 2019	9:00 AM	NYRR Fred Lebow Cross Country Championships 5K	Van Cortlandt Park
Sunday, November 17, 2019	10:00 AM	Rising New York Road Runners at the Fred Lebow Cross Country Championships- Stage 3	Van Cortlandt Park
Sunday, November 17, 2019	10:30 AM	Rising New York Road Runners at the Fred Lebow Cross Country Championships- Stage 2	Van Cortlandt Park
Sunday, November 17, 2019	10:30 AM	Rising New York Road Runners at the Fred Lebow Cross Country Championships- Stage 1	Van Cortlandt Park
Saturday, November 23, 2019	12:00 AM	NYRR Virtual Turkey Trot 5K	Anywhere
Sunday, November 24, 2019	8:30 AM	Race to Deliver 4M to Benefit God's Love We Deliver	Central Park
Sunday, November 24, 2019	10:00 AM	Rising New York Road Runners at the Race to Deliver- Stage 1	Central Park
Saturday, December 07, 2019	8:30 AM	NYRR Ted Corbitt 15K	Central Park
Sunday, December 08, 2019	9:00 AM	NYRR Pete McArdle Cross Country	Van Cortlandt Park
	l .	İ	

Rising New York Road Runners at the Jingle Bell Jog Stage 3

Rising New York Road Runners at the Jingle Bell Jog Stage 2

Prospect Park

Prospect Park

8:30 AM

8:50 AM

Saturday, December 14, 2019

Saturday, December 14, 2019

Saturday, December 14, 2019	9:10 AM	Rising New York Road Runners at the Jingle Bell Jog Stage 1	Prospect Park
Saturday, December 14, 2019	9:30 AM	NYRR Jingle Bell Jog 5K	Prospect Park