

No refunds, changes, or transfers. One application per registrant. You may photocopy this form if you need additional entry blanks.

WAIVER:

FOR OFFICE USE ONLY

NYRR Membership No.		Chip No. (owners only)		E-mail Address	
Last Name (ONLY ONE PERSON PER FORM)			First Name		
Race Day Age	Birth Date (month/day/year)	Sex	Day Phone		
Race Day Emergency Contact (required)		Name	Phone		
Mailing Address		PLACE MAILING LABEL HERE			
City	State (or country if not USA)		Zip Code		
Exact Name of Team					

Check if using: a wheelchair or a handcycle (Check only one)

I know that participating in NYRR events is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including, but not limited to, falls; contact with other participants, spectators, or others; the effect of the weather, including heat and/or humidity; traffic; and the conditions of the course, all such risks being known and appreciated by me. I grant to the Medical Director of this event and his designee access to my medical records and physicians, as well as other information, relating to medical care that may be administered to me as a result of my participation in this event. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release New York Road Runners Inc., Road Runners Club of America, USA Track & Field, the City of New York and its agencies and departments, USA Track & Field — Metropolitan, and all other sponsors, and their representatives and successors, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities. I grant permission to the foregoing persons and entities to use or authorize others to use any photographs, motion pictures, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

X _____
Signature (or parent's signature if under 18)

PLEASE NOTE: MOST CENTRAL PARK RACES WILL BE CAPPED AT 5,000 PARTICIPANTS.

Date (Check here to enter)	Event Name	Fee	NYRR Members	NYRR Junior/Senior Members	All Non-Members
Sunday, April 5 <input type="checkbox"/> 8:00 a.m. <input type="checkbox"/> 9:00 a.m.	City Parks Foundation Run for the Parks 4M (s) (q) Kids' Races Estimated pace per mile: _____	On or before March 21 March 22-April 4 Limited race-day entries ² Kids' Races are \$6 in advance or \$8 on race day	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Saturday, April 11 <input type="checkbox"/> 10:00 a.m.	Scotland Run 10K¹ (s) (q) Estimated pace per mile: _____	On or before March 27 March 28-April 10 Limited race-day entries ²	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Sunday, April 19 <input type="checkbox"/> 9:00 a.m. <input type="checkbox"/> 9:20 a.m.	Seventh Annual Run As One 4M (s) (q) 1.3-mile Health WALK Estimated pace per mile: _____	On or before April 4 April 5-18 Limited race-day entries ²	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Sunday, May 10 <input type="checkbox"/> 8:00 a.m. <input type="checkbox"/> 9:00 a.m. <input type="checkbox"/> 9:30 a.m.	R Baby Mother's Day 4M (co-ed) (s) (q) 1.3-mile Health Walk Kids' Races Estimated pace per mile: _____	April 25 April 26-May 9 Limited race-day entries ² Kids' Races are \$6 in advance or \$8 on race day	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Saturday, May 16 <input type="checkbox"/> 9:00 a.m.	Healthy Kidney 10K¹ (s) (q) Estimated pace per mile: _____	Before May 1 May 2-15 Limited race-day entries ²	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Tuesday, May 19 <input type="checkbox"/> 6:45 p.m.	American Heart Association Start! Wall Street Run & Heart Walk 5K (s) (q) Estimated pace per mile: _____	Fax and online registration will close at 5:00 p.m. on Tuesday, May 12. Registration after this date must be done on May 18 or 19. See race-specific application for pricing.			
Saturday, May 30 <input type="checkbox"/> 8:00 a.m. <input type="checkbox"/> 10:45 a.m.	NYRR Half-Marathon Grand Prix Presented by Continental Airlines: Brooklyn 13.1M¹ (s) (q) Estimated pace per mile: _____ Kids' Races	Before date TBD Dates TBD Limited race-day entries ² Kids' Races are \$6 in advance or \$8 on race day	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Sunday, May 31 <input type="checkbox"/> 8:00 a.m. <input type="checkbox"/> 9:30 a.m.	Japan Day 4M (s) (q) Kids' Races Estimated pace per mile: _____	On or before May 16 May 17-30 Limited race-day entries ² Kids' Races are \$6 in advance or \$8 on race day	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Sunday, June 7 <input type="checkbox"/> 9:00 a.m.	NYRR New York Mini 10K¹ (women only) (s) (q) Estimated pace per mile: _____	Before May 22 May 23-June 6 Limited race-day entries ²	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Saturday, June 13 <input type="checkbox"/> 9:00 a.m.	New York Park to Park 10K¹ (s) (q) Estimated pace per mile: _____	Before May 29 May 30-June 12 Limited race-day entries ²	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40
Sunday, June 21 <input type="checkbox"/> 8:30 a.m. <input type="checkbox"/> 10:15 a.m.	The 10th Annual Father's Day Race Against Prostate Cancer Sponsored by ABC 7 and 1050 ESPN Estimated pace per mile: _____	On or before June 6 June 7-20 Limited race-day entries ² Kids' Races are \$6 in advance or \$8 on race day	\$17 \$22 \$25 ³	\$9 \$15 \$20 ³	\$30 \$35 \$40

(Race information continued on back)

Date (Check here to enter)	Event Name	Fee	NYRR Members	NYRR Junior/Senior Members	All Non-Members
Saturday, June 27 <input type="checkbox"/> 9:00 a.m.	Front Runners New York Lesbian and Gay Pride Run 5M (s) (q) Estimated pace per mile: _____	Before June 12	\$17	\$9	\$30
		June 13-26	\$22	\$15	\$35
		Limited race-day entries ²	\$25 ³	\$20 ³	\$40
Sunday, June 28 <input type="checkbox"/> 8:30 a.m.	Hope & Possibility 5M (s) Estimated pace per mile: _____	Before June 13	\$17	\$9	\$30
		June 14-27	\$22	\$15	\$35
		Limited race-day entries ²	\$25 ³	\$20 ³	\$40

Note: Please confirm race details including start times by checking www.nyrr.org or calling 212.860.4455.

(s) Scored race.
 (q) Counts toward the races NYRR members as of January 2009 need to qualify for guaranteed entry to the ING New York City Marathon 2010.
² Credit cards are not accepted after number pickup begins.
³ Members must bring their NYRR membership card on race day to receive member discount.
⁴ Only one application per participant, please.

All information is subject to change; please check the website for race updates.

TO APPLY ONLINE (credit card payments only) www.nyrr.org**

**Fax and online registration for each race will close the Tuesday prior to the race at 11:59 p.m. (or earlier if the race has sold out). Entries received after that date will not be processed.

TO APPLY BY FAX (credit card payments only)**

Complete this form with your credit card information and fax it to New York Road Runners at 917.677.8841. Please do not call to confirm receipt of fax.

TO APPLY BY MAIL

Complete this form and mail this entry and your payment (check or credit card information) to: April-June Race Entries, New York Road Runners, 9 East 89th Street, New York, NY 10128. Entries received after a race has sold out will not be processed; fees will be returned.

TOTAL PAYMENT \$ _____

Enclosed is my check payable to NYRR. *Improperly written checks will be returned.*

PLEASE CHARGE MY: MASTERCARD VISA AMERICAN EXPRESS

Credit Card #

Expiration Date (must be July 2009 or later)
month year

Cardholder Must Sign Here X _____

Note that there will be no confirmation of your acceptance. Your canceled check or credit card statement is your receipt.